

A Communal Examination of Conscience



LORD,
LET ME
KNOW
YOUR
WAYS

We acknowledge our God as the Essence of Love and Compassion.

We know that this God calls us to the same compassion and forgiveness shown to us.

Am I finding myself being resistant to that Divine call to compassion and forgiveness?

Am I holding on to a grudge?

Am I nursing an old wound?

Am I letting a resentment of someone distance me from them?

Am I "Punishing" someone who has offended me by in turn retaliating with silence or passive-aggressive behavior?

We believe in a God ever Present to his beloved Creation.

A God, who in this Advent Season invites us into an ever-deepening experience of that Presence.

Am I truly present to those whom I love?

Do I make time for the relationships in my life?

Do I acknowledge the Presence of God in the face of everyone who crosses my path?

Do I really LISTEN to those around me, delaying my response so that I truly HEAR what they are saying?

Am I patient with those who irritate me? Am I willing to hear and experience their story?

Do I sincerely respect those around me, their choices, their opinions, especially those with whom we disagree?

We believe in a God of Authenticity and Truth.

A God, who reminds us that "the truth shall set you free."

Am I willing to search my soul to discern what is true?

Do I make time for reading and introspective thought in my life?

Do I acknowledge the Wisdom of God in the conversations I have with my loved ones?

Do I seek the counsel of those I trust when important questions come up?

Am I willing to be vulnerable, expose my weaknesses, so that people know the TRUE me?

Do I make it easy for those around me to be true, by withholding my judgement, and by respecting their uniqueness and vulnerability?

LORD, LET ME KNOW YOUR WAYS

We believe in a God of Justice.

A God who places the Kingdom in our hands.

Do we take that responsibility seriously?

Do I treat all Creation with respect?

Am I conscious of the fragility of the environment and my responsibility to care for it?

Do I see ALL that I have not as the sole result of my effort, but as a Gift from our loving God?

Do I review my life to see where my decisions on lifestyle and convenience are impacting the lives of others?

Am I aware of how my desires for security and status contribute to the shaping of a society of haves and have-nots?

Do I believe that I am the Instrument of God's Peace, and do I act as that instrument?

Do I take responsibility for my actions, knowing that each decision I make has ramifications along a line of consequences?

Am I willing to involve myself in community affairs to address the issues of Social Justice?

We believe in a God of life.

A God who embraces and infuses All.

Do we truly see our connection to God and to all life?

Do I treat my body, the vessel of God's Presence, with respect?

Do I nourish and sustain myself healthily, so that I may be God's strong and able hands in the on-going process of God's Creation?

Do I treat other's bodies with respect, honoring the Presence of God within them?

Do I care for those whose health is failing?

Do I judge people by their physical appearance?

Do I indulge prejudices of race, status, orientation, age?

Do I nurture the communities with which I associate? My work? My church? My civic community?

When I have decisions to make, am I willing to forego my needs for the better of the larger community?